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Dear Patient,

Thank you for contacting me. I'm looking forward to helping you with the healing of your body, mind, spirit and to help you live within the laws of nature in order to achieve optimal well-being.

To perform at the highest level and receive the best possible results I need to know more about you. Please answer the following questions as accurately as possible.

Personal Information:

Name: _____

Address: _____

Best Reachable Phone #: _____

Email: _____

Health information:

1. What is your reason for seeking acupuncture treatment?

2. Are you aware that you may be asked to change any unhealthy lifestyle habits?

YES NO

3. Are you willing to change unhealthy lifestyle habits?

YES NO

4. Are you committed to a series of weekly treatments (5-10), until signs of improvement have been achieved?

YES NO

5. What are your expectations regarding acupuncture treatment?

6. Have you had acupuncture treatments in the past? If yes, what were the results?

7. Are you committed to becoming healthy? (please check yes)

YES NO

8. How did you hear about Five Essence Acupuncture?

Thank you for completing this form as it will help me better understand your health needs.

Jennifer Farmer, L.Ac.
Five Essence Acupuncture